

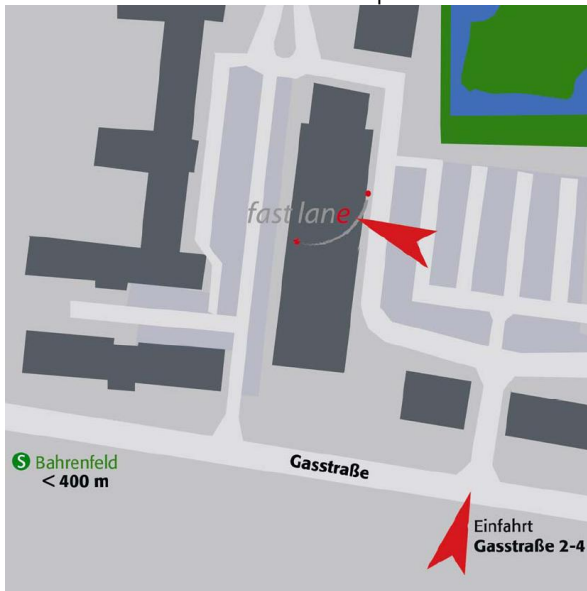
Directions



Fast Lane Institute for Knowledge Transfer GmbH

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You'll find us here in Otto von Bahrenpark:



Location

Sited between the Elb suburbs and downtown Hamburg, Fast Lane's Hamburg training center is housed in a historical monument, an elaborately restored industrial plant in Otto von Bahrenpark.

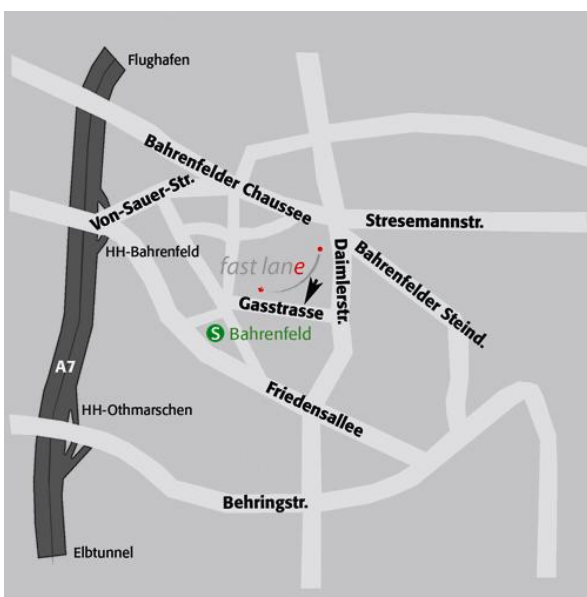
The S-Bahn (interurban train) station Bahrenfeld is nearby.

It's about 13 km to the airport. The trip takes about 25 min. by cab, the recommended means of transport.

Directions

By car

- Approaching from the south (A7 Hannover)**
 Pass through the Elbtunnel and exit the A7 at the HH-Othmarschen junction (no. 29). Turn right into Behringstrasse, staying on it for about 1.5 km. Turn left into Hohenzollernring, staying on it until you reach a train underpass. Immediately after it, turn left into Gasstraße. After about 100 meters, you'll come to the access road to Otto von Bahrenpark on the right.
- Approaching from the north (A7 Flensburg)**
 Exit the A7 at the HH-Bahrenfeld (no. 28) junction and turn left into Von-Sauer-Strasse. Cross the motorway bridge and follow Von-Sauer-Strasse until it turns into Bahrenfelder Chaussee. After about 600 meters, turn right onto Bahrenfelder Steindamm, and then after about 100 meters, turn right onto Daimlerstrasse. Stay on this road until you reach Gasstraße and turn right into it. After about 100 meters, you'll come to the access road to Otto von Bahrenpark on the right.



With public transportation

- From Hamburg-Hauptbahnhof central station**
 Take the S1 or S11 train towards Blankenese and after seven stations (16 min.), exit at Bahrenfeld station.
- From Hamburg-Altona**
 Take the S1 or S11 train towards Blankenese and after one station (4 min.), exit at Bahrenfeld station.
- From Fuhlsbüttel airport**
 Take the S1 train to Ohlsdorf, then change into the S1 or S11 train towards the opposite direction (Blankenese / Wedel) and after 16 stations (approximately 40 mins.) exit at Bahrenfeld station.

Take the center exit to leave Bahrenfeld station. Turn right into Hegerstrasse, and when it ends, turn left into Bahrenfelder Kirchenweg. The first street on the right is Gasstraße.

Hotel Recommendations

Gastwerk Hotel Hamburg

Beim Alten Gastwerk 3 / Daimlerstraße
22761 Hamburg
Tel.: 040 / 890 620
Fax: 040 / 890 62 20
www.gastwerk-hotel.de

Prices on request.

The hotel is on the same grounds as the Fast Lane training facilities.

25hours Hotel

Paul-Dessau-Straße 2
22761 Hamburg
Tel.: 040 / 85 50 70
Fax: 040 / 85 507 100
www.25hours-hotel.com

Booking code: Fast Lane

Single Standard: € 75,00

The price of breakfast is € 14,00.

The hotel is on the same grounds as Fast Lane training facilities.

Hotel NH Hamburg-Altona

Stresemannstr. 363-369
22761 Hamburg

Tel.: 040 / 42 10 600
Fax: 040 / 42 10 60 100
www.nh-hotels.com/listapaises/en/europe/germany.html

Booking code: Fast Lane

Single: € 88,00 / dynamic pricing system

The price of breakfast is € 16,00.

The hotel is near the training facilities; the walk takes less than five minutes.

InterCity Hotel

Paul-Neumann-Platz 17
22765 Hamburg

Tel.: 040 / 380 34 907
Fax: 040 / 380 34 999
www.hamburg-altona.intercityhotel.de

Booking code: Fast Lane 2009

Single Standard: €86,00 excl. breakfast
Single Business: €98,00 excl. breakfast
Double Standard: €98,00 excl. breakfast
Double Business: €110,00 excl. breakfast

The price of breakfast is €14,0

The room rate includes the use of local public transport in the greater Hamburg area

These rates are valid upon request, subject to availability, and not applicable during fairs and special events.